# Tools Tested for Outdoor Recreation Environmental Education & Stewardship

Laura Baird, M.S. Student Logan Park, Ph.D.





For the first time ever, KAB is going social at **National Conference!** Be part of the conference conversation and use **#KAB2014** on Facebook, Twitter & Instagram.





#### **Helping Us Help Your Next Project**

April Buther Wennerstrom, Stacey Rice, Grace Keegan Massinello: Keep America Beautiful

Ben Lawhon: Leave No Trace International

Jen Randolph: Girl Scouts of Southern Illinois

Dan King, Jeremy Culpepper, Brian Joseph: Camp Ondessonk

Camps Ondessonk & Cedar Point, Crab Orchard Natl. Wildlife Ref.

Kelsey Ernst and Dusty Copple: research assistants





#### **In The Room Today**

- You, but who are you?
- Logan Park Logan.Park@siu.edu
- Laura Baird Laura.E.Baird@siu.edu





America's resources





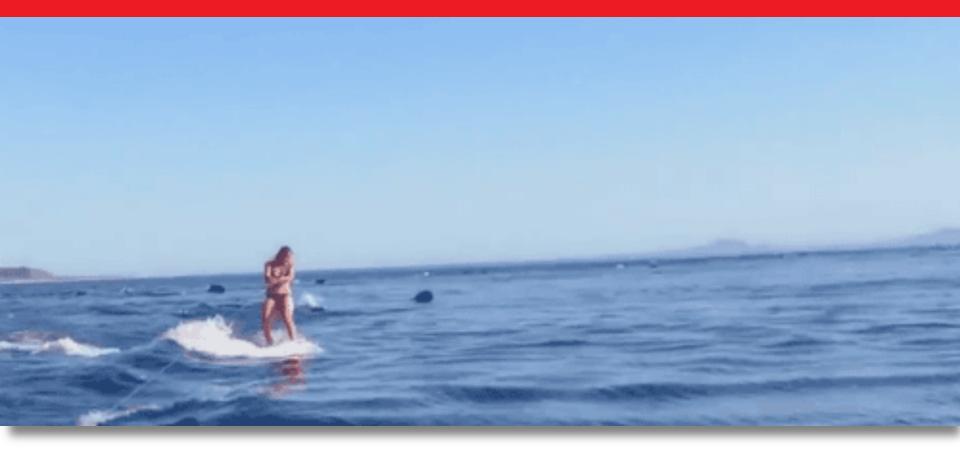


[Some of] America's people





# **Resources and People Interact**

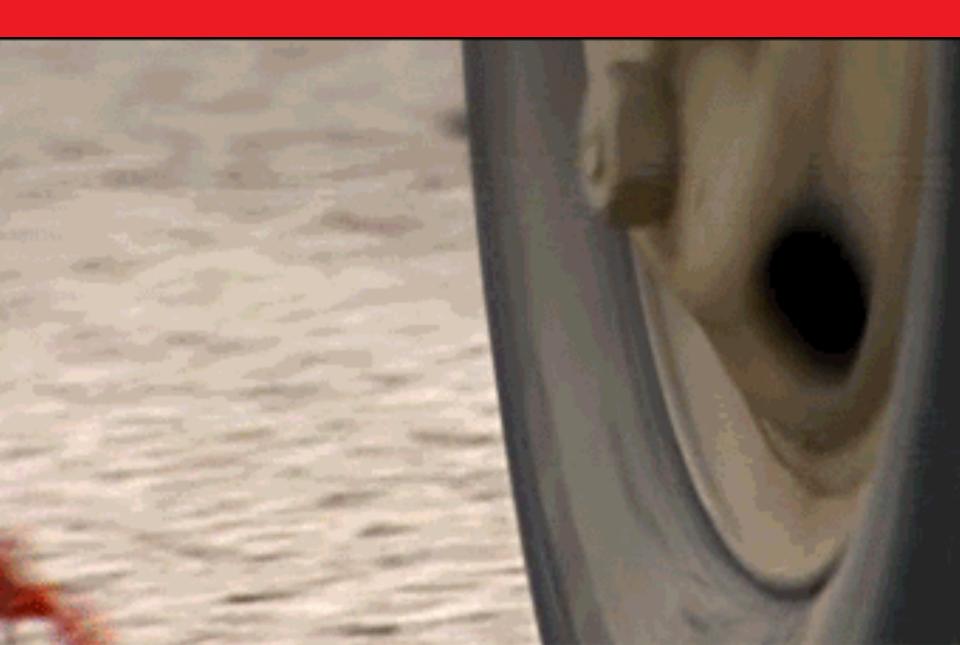


Sometimes positively!





# ...And Sometimes:





# **Individuals Sometimes "Leave A Trace"**



#### **Stories, Not Statistics**

• But what about crazy-sized stats?

• 
$$U.S.D.O.I = \frac{450,000,000visits}{1year}$$

Billions of visits annually



#### **Your Village Is Distinctive**

Federal, international-scale research

Every application is local

Skip trial-and-error

Fit these tools to your needs



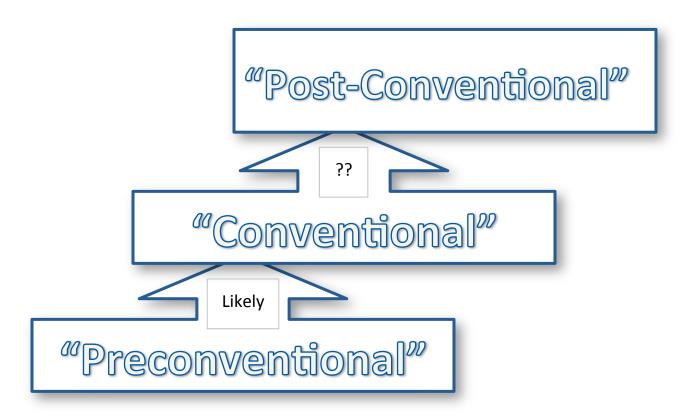


- Stages of Moral Development
  - o (Kohlberg, 1971; Murphy and Gilligan, 1977)





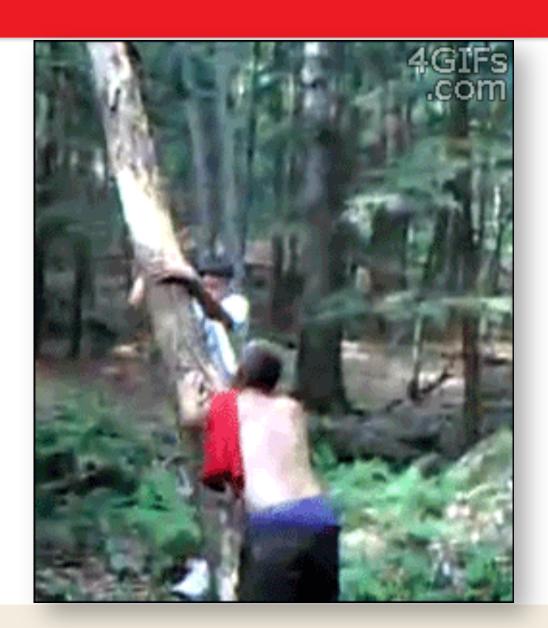
Stages of Moral Development







# **Conventional: Perceived Peer Opinion**



NOT KEEPING AMERICA BEAUTIFUL

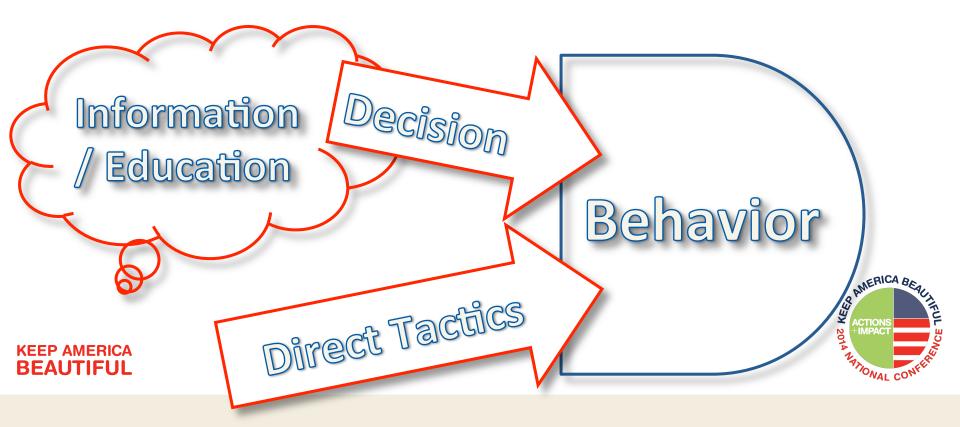


- Stages of Moral Development
- Direct vs. indirect behavior influencers
  - (Gramann et al. 1992; Manning 1999)





- Stages of Moral Development
- Direct vs. indirect behavior influencers







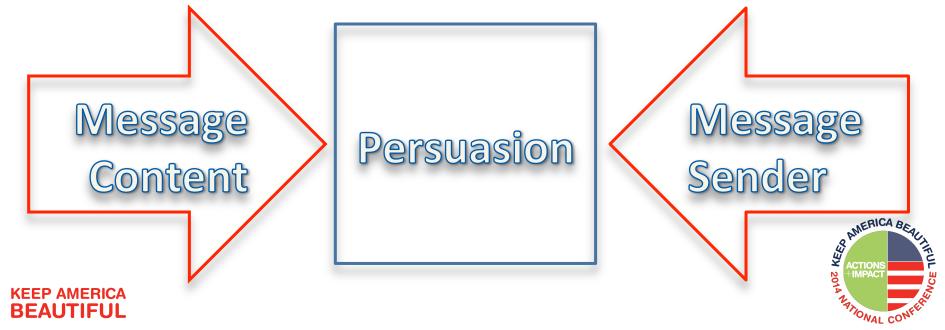
- Stages of Moral Development
- Direct vs. indirect behavior influencers
- Elaboration Likelihood Model of Persuasion
  - (Petty & Cacioppo, 1981)





- Stages of Moral Development
- Direct vs. indirect behavior influencers

Elaboration Likelihood Model of Persuasion



#### **Central vs. Peripheral Persuasion Route**



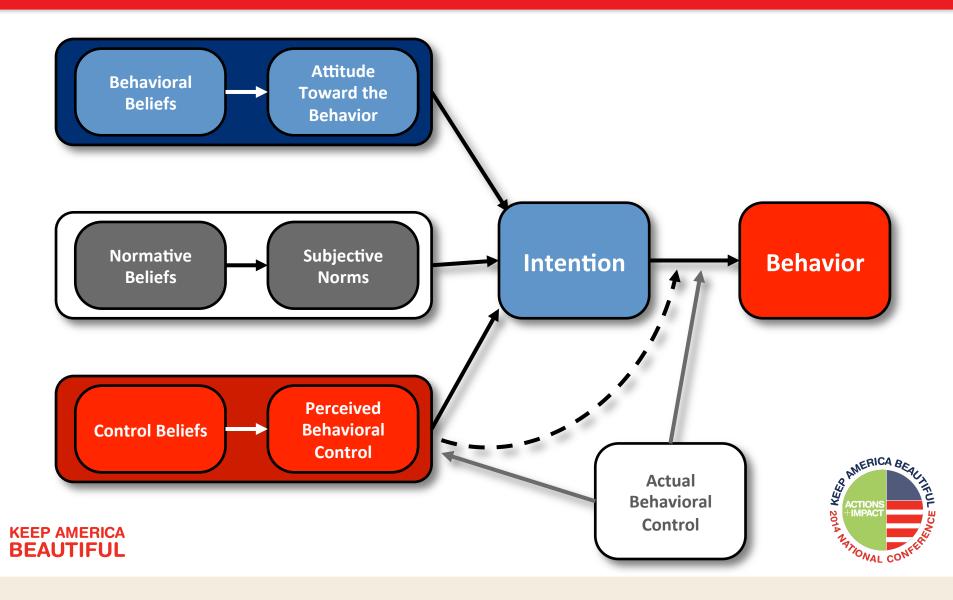
**BEAUTIFUL** 

- Stages of Moral Development
- Direct vs. indirect behavior influencers
- Elaboration Likelihood Model of Persuasion
- Theory of Planned Behavior
  - o (Ajzen, 2011; 1991)





#### **How You Plan Behavior**

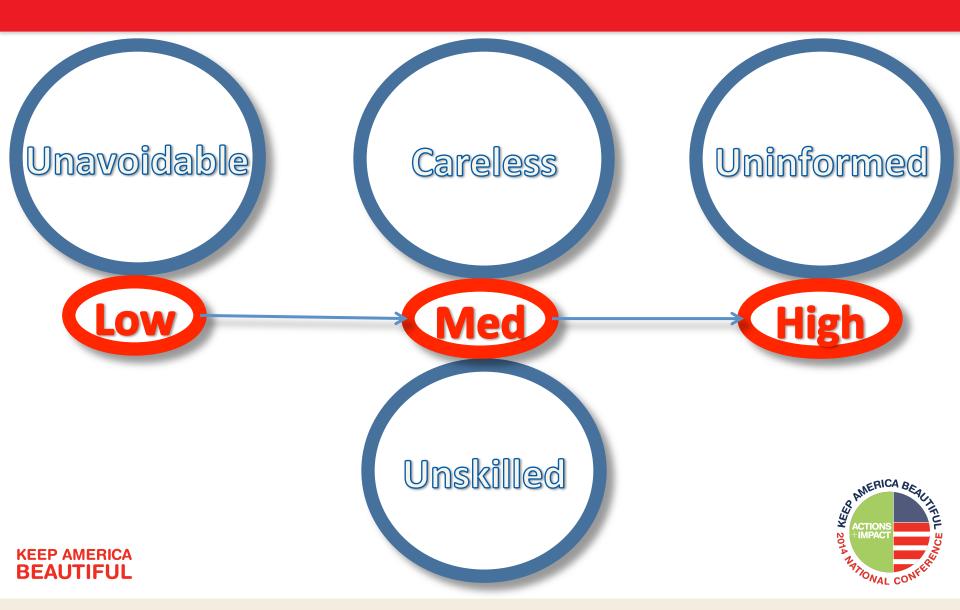


- Stages of Moral Development
- Direct vs. indirect behavior influencers
- Elaboration Likelihood Model of Persuasion
- Theory of Planned Behavior
- Match depreciative behavior motivation to management tactics
  - o (Hendee, 1990; Roggenbuck, 1992)





### **Match Your Planned Response With Reason**



# Laura Baird: Application







### **Background**

- Marine Science → Forestry
- Fourfold interests of children (Dewey, 1899):
  - Conversation
  - Finding out things
  - Making things
  - Artistic expression
- Field trips and summer camps
- Benefits of pre-visit preparation





#### **Key Questions**

How do we best improve pro-resource behaviors and attitudes in kids?

How do we do this while keeping our project:

- low-cost?
- easily replicable?
- easily administered?





#### What We Did

# Phase 1 (Fall '12 - Spring '13):

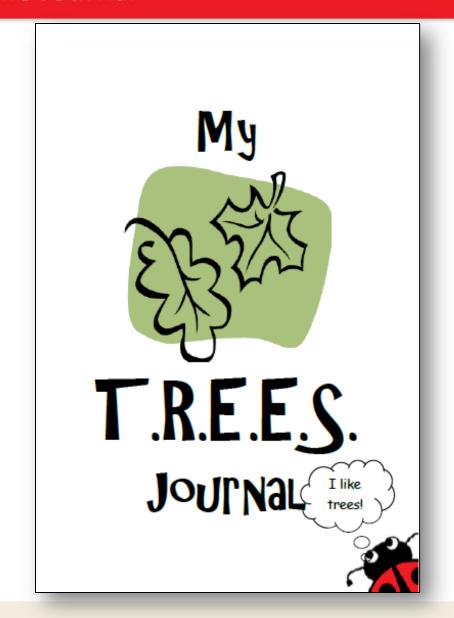
- Create program content to NAAEE standards
- Form partnerships
- Pilot materials for mechanics and flow
- Modify materials





#### Southern Illinois University Carbondale What We Did: Study Sites **Camp Cedar Point** Sioux Falls Fort Dodge Waterloo Cedar Rapids lowa **Camp Ondessonk** Des Moines ebraska Omaha Grand Island Lincoln eoria <earney • Pittsburgh Ohio inois Indiana St Joseph Dayton Columbus Indianapolis Warren orii gfield Parkersburg Kansas City Cincinpati Columbia Columbus Hays St. Lou -Ironville West Kansas Louisville Virginia Missouri ansville Lexington Wichita Kentucky Springfield Roanoke • -Clarksville Enid Rogers Tulsa Greensbor Nashville Knoxville Oklahoma Fayetteville Jonesboro Broken Tennessee Asheville Charlotte Caroli Oklahoma Edmond Jackson Cleveland lorman Arkansas Chattanooga Little Rock

#### What We Did: The Journal







#### What We Did: The Bracelet

Personalized bracelets to wear on the hike:

- Foam stickers vs. permanent markers
- Kits to assemble vs. making them in-session





#### What We Did: The Games

Campers played three interactive games:

- Catch a Running Squirrel (Don't chase wildlife)
- Follow that Waterdrop (Don't litter/pollute waterways)
- Stay on the Trail (Stay on the Trail)





#### What We Did

Phase 1: Create, pilot, and modify

Phase 2 (Summer 2013):

- Small-group critical thinking workshops
- Pre- and post-program evaluation
- Observe camper behavior on hikes





#### What We Did

#### Included in the study:

- 119 Girl Scout campers, 7-10 years old
- 106 Coed summer campers, 8-10 years old

#### Sequence during camps:

- First full day: Pre-program evaluation, activity completion, post-program evaluation
- Second or third full day: behavior observation
- Last day of camp: Followup program evaluation





#### What We Did

Phase 1: Create, pilot, and modify

Phase 2: Implement and evaluate

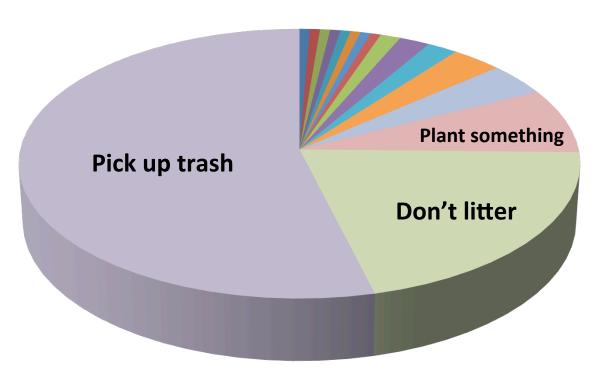
Phase 3 (in progress):

- Data analysis
- Further revision
- Scaling up of program materials into "kits"
- Dissemination of findings





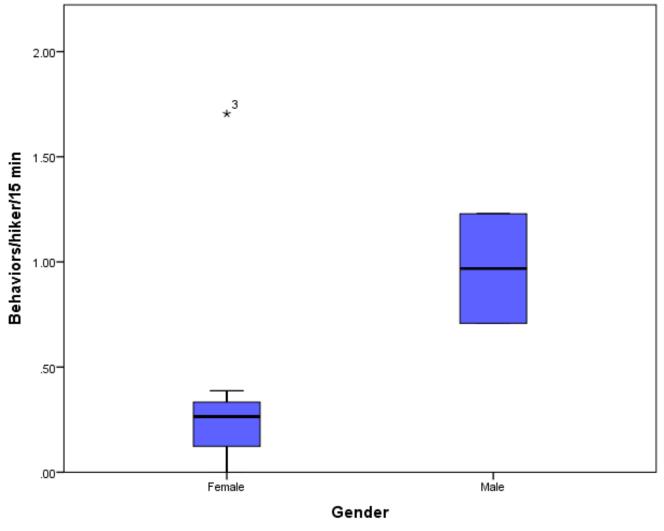
#### Something I can do to keep the outside nice



- Clean the beer bottles up in my yard
- Don't trash it
- Leave it alone
- No ripping bark off trees
- Protect the nature
- Smell flowers
- Take only pictures leave only footprints
- To always love nature
- Don't smoke
- Help wildlife



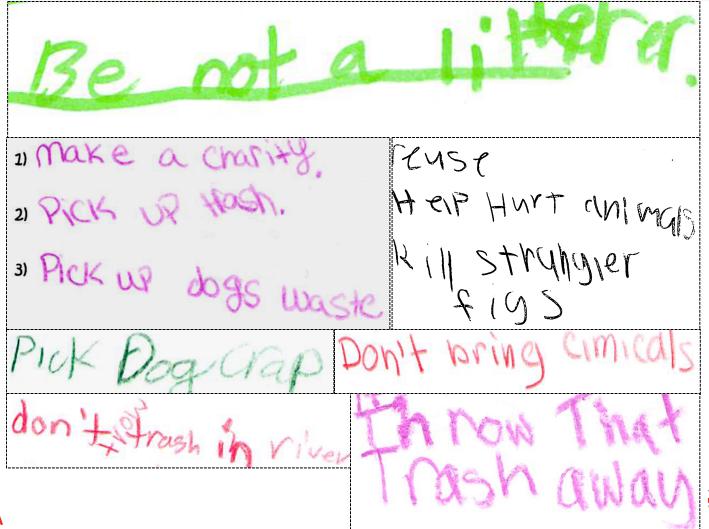








# Sample Responses: "What are three things you can do to here in Illinois keep the ocean clean?"





#### Sample Responses: Staying on the Trail

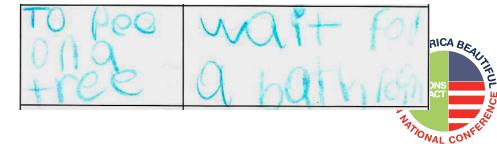
Why do parks have trails? So you Pont kil pants.

What happens when you walk off the trail?

Why might you go off the trail? Can you think of something you can do instead?

Reason 1:	What you could do instead:
To see a prety vew	Don't see
Reason 2:	What you could do instead:
You Prop Some this	WUSE A Stic
Reason 3:	What you could do instead:
IF there was a fire infrot a beh	to get off

Reason 1:	What you could do instead:
because of	go bock
Reason 2:	What you could do instead:
pecaes jotal	Clima Over 17
Reason 3:	What you could do instead:
because of	en Joy it





# Sample Responses: "Draw a picture of someone doing something to HURT Lily's habitat:"



# Sample Responses: "Draw a picture of someone doing something to HELP Lily's habitat."





#### **Sample Responses: Acrostic Poems**

Panola.
Appetit
Nice
Delicet
Abborble

Tuntles Usally Romenaround Trees Like Elephants

Monkey
On a tree
Nutty nonsense
Kickning Hiere
Exciting

Relly sneky.

a Mazing

Carazy.

Outside.

Outdoors.

Night.

Don't look # Erossing
Extradinary Street
Excellent hiders
Ryn fast

cute heavy eats animals exciting travel fast a wesome hide

KEEP AMERICA
BEAUTIFUL

#### Sample responses we couldn't decipher for the life of us

What is your favorite wild animal?

What is something you can do to keep the outside nice?

Something to do in Illinois to help the ocean:





How well each activity worked





- How well each activity worked
- Effects of combining them





• Is the effort worth it?





- Is the effort worth it?
- Does it enhance the experience for kids?





- Is the effort worth it?
- Does it enhance the experience for kids?
- Where do we go from here?





#### **Questions and Discussion**

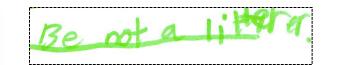
#### Special Thanks:

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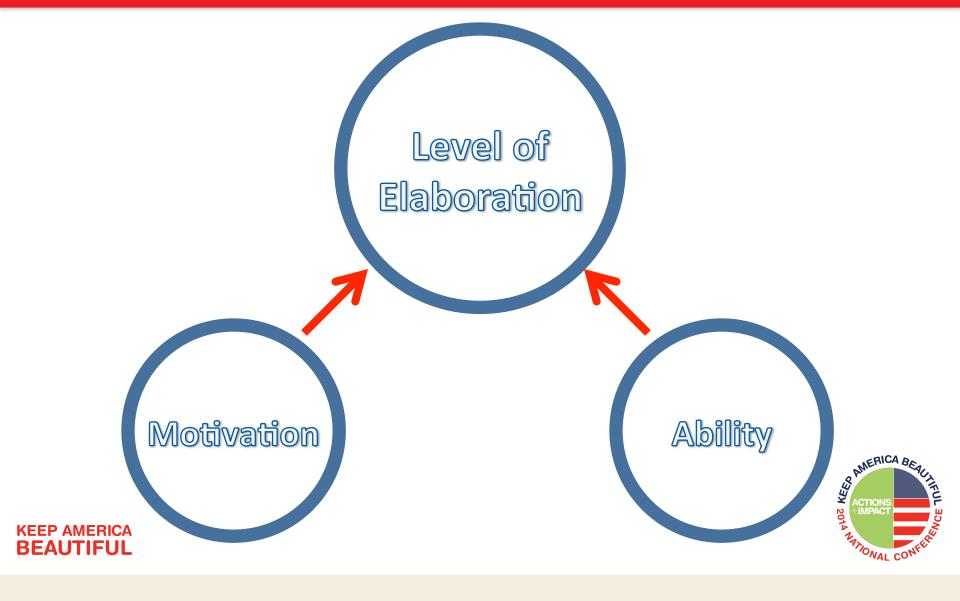


# Supplemental Slides: We Who Really *Own* "Geek" & "Nerd"





#### **Useful Work By Smart People**



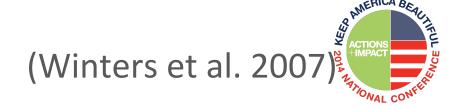
# **Message Phrasing Approach**

## Prescriptive

- Positive phrasing
- Acceptable
- Less effective

### Proscriptive

- Negative phrasing
- Less preferable
- More effective





# Message Structuring

## Descriptive

- Explain what's happening
- Preferred by visitors
- Less effective

## Injunctive

- Issue command
- Less preferable to
  - visitors
- More effective
- (Winter et al. 2000)





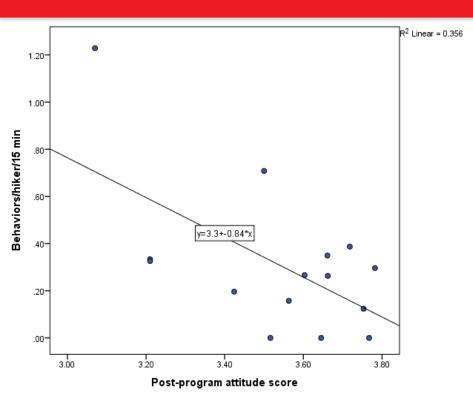
# Site Management

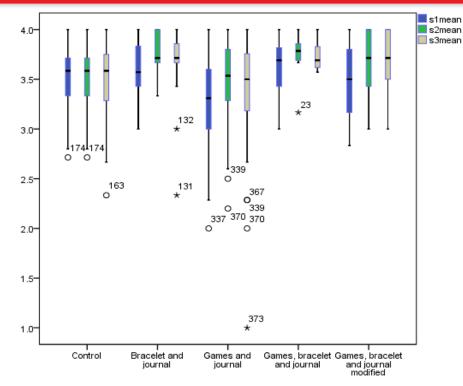






#### **The Data**





Treatment number



